

# Experience The Possibilities of Fitness and Wellness



At the beginning of my career architects, interior designers, and construction managers all played separate roles within the same project. In many cases this would create problems, the most common being the lack of communication between all of the entities.



I envisioned that one day I would be able to simplify the process by providing all services in-house facilitating a constant flow of communication throughout the project. I believe I have accomplished this with RFCY, a complete design build firm.



For over ten years I have embraced this philosophy. My dedicated staff will guide you from design concepts to project close out. Our attention to detail is what sets us apart from the rest.



In today's fitness and wellness industry it is easy to feel overwhelmed with renovations or expansions into multiple branches. You worry about the various services you need and after a while the whole experience can become more stressful than exciting. Why not allow RFCY to simplify the entire process for you?



We are a nationally award winning architectural, interior, and design build firm who has been published in various publications including Club Industries Magazine. RFCY has completed projects of all sizes and intentions. With each project we complete we are always evolving to attain the knowledge and experience to keep us on the cutting edge.

Please take this opportunity to gain a quick insight into RFCY. Thank you for taking the time to familiarize yourself with our firm. I look forward to hearing from you in the near future.

All the best,

Raymond F. Connelly, AMSRA



## RFCY Stands Out Among the Rest

RFCY is a leader in the fitness and wellness industry. Our cutting edge designs set the pace for up and coming trends. RFCY takes each project opportunity to create timeless masterpieces that surpass the expectations and satisfaction of our clients. We lend our expertise to make our clients' dreams become a reality.

## Our Process

Our design process is broken down into five important steps; Pre Design Phase- involving programming and space analysis, Design Phase- using schematic design solutions from architectural layouts to interior finishes, Visualization- creating presentation boards, construction documents, and administrative approvals.



## Design Build

RFCY is a full service architectural, interior, and design build firm. We have developed a process that streamlines all the services into one entity. RFCY will handle every aspect of the project from sub contractors and permit acquisitions to the final closeout.

## Our Experience

RFCY has 10 years of experience in successfully completing over five hundred fitness and wellness projects ranging from new facilities, renovations and expansions. Rest assured you can feel confident in selecting RFCY for your next project.

